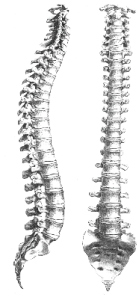




Oakley Chiropractic Newsletter



**Congratulations to our
Patient of the Month**
July- AJ Swafford

**Thank You too Our
Patients That Referred In
Their Friends!**

Marcia Lemoine, Debbie Tomiska, Deborah Ajimura, Joe Hernandez, Randi Adler, Andy Jobe, Angelica Vargas, AJ Swafford, Gretchen Schultz, Dennis Sullivan, James Holderman, Mark Stauffer, Rick Morey, Angela Williams

These Special Patients did a Fantastic Job !

Inside this issue:

Sports Physicals 2

Massage Therapist 2

July/August Promotions 2

Special Coupon 2

Oakley Almond Festival 2

If Medical Dr.'s Were Plumbers 3

Volume 1, Issue 1

July and August 2010

Dr Kristin's Message

My mission is to educate and treat as many families as possible toward optimal health through natural chiropractic. Chiropractic can improve your quality of life by promoting optimum function of your body through chiropractic adjustments. I promote whole body wellness which also includes exercise, nutrition, and positive mental health. Thank You for being part of our Chiropractic family. I look forward to helping you achieve your highest goal of health and wellness for many years to come.



We had a great 100th birthday party for Goldie

Nellis. I cooked the dinner. Over a 100 people attended. Please keep Pam and I in your prayers. My carpal tunnel treatment has consisted of me getting injections and working in the garden. When you come in the office you will get the organic vegetables and fruit I'm growing. I want to thank everyone who has supported Dr. Kristin and the staff during this transition period. They are doing a great job!!!

Dr. Mike

The doctor of the future will give no medicine, but will interest her or his patients in the care of the human frame, in a proper diet, and in the cause and prevention of disease.

Thomas Edison

Headaches & Chiropractic

If you have a headache, you're not alone. Nine out of ten Americans suffer from headaches. An adjustment will relieve pressure from the nerve and decrease pain.

Kids and Chiropractic

Did you know that even small children need Chiropractic adjustments. Here at our office we all have our children adjusted even without symptoms of pain and discomfort.

We're On The Web
www.OakleyChiropractic.com

Sports Physicals

Oakley Chiropractic does sports physicals! Tell your team and school. We can get you in for a same day appointment. \$25



Carlos Alcazar is our Massage Therapist

He is certified in Swedish Massage, Shiatsu Massage, Sports Massage, Reflexology, Chair Massage, and Deep Tissue Massage.

Mention this ad and receive \$5 off your next massage. Call today! 925-625-1881

SPINAL CARE CLASSES:

**7/07/2010
6:00**

**7/21/2010
6:00**

**8/11/2010
6:00**

OFFICE HOURS:

Mon., Wed., Thurs..
9:00 am– 6:30 pm,
Lunch
12:00 pm- 2:30 pm.
Tues.
2:30-6:30 pm.
Fri
9-12pm

Oakley Almond Festival

Stop by our booth and see us at the Oakley Almond Festival September 11-12. We will be doing FREE Spinal screenings all day both days for new patients. If an appointment is made that day the 1st visit to the office with x-rays is FREE. All of our patients who visit us at our booth will receive a FREE Oakley Chiropractic tee-shirt.



Special For the Months of July and August!

Refer a Friend and Receive a Free Adjustment!

Refer a friend or family member and you can receive a free adjustment, just fill in your name on the blank line and have them bring in the coupon. They will also receive \$10 off their first visit!

Oakley Chiropractic
(925) 625-1881

I've been referred
By

This Coupon is good for \$10 off your initial visit. Exp. 09-01-2010

AUTO ACCIDENT PATIENTS:

Our Office Policy is that all Patients without Med-Pay Insurance must be represented by an Attorney. We have a list of very good Attorney's in the area that we work with. We are confident they will protect your needs.

If Medical Doctors Were Plumber...

Imagine you turn on your kitchen faucet and no water comes out. You call your local plumber (who also happens to be an MD) for some help. He comes over to inspect your faucet. After running a bunch of expensive tests he declares "I have the solution!" He goes back to his truck, grabs a 5 gallon jug of water, brings it back into the kitchen and says "Here's the water you asked for."

You look at him perplexed and retort, "Uh, thanks for the jug but I want **MY PROBLEM FIXED**" The plumber/ MD is confused. "But I *gave* you what you wanted ... some water right? When that 5 gallon jug runs out you can get some more at your local CVS. I'll give you a note for a lifetime supply." The argument goes back and forth until you realize this guy's nuts and you'd better call your neighbor who has a knack for fixing stuff like (he happens to be a Chiropractor).

Your neighbor comes over and looks at the situation. After checking a few things he traces the **SOURCE** of your water blockage back to the basement (some distance away from the kitchen sink). He removes the clog and voila, your water is flowing again! He passes the 5 gallon jug of water on the floor and chuckles "Let me guess, the MD plumber guy was here?"

Next time an MD offers you a lifetime prescription to *solve* your health problem tell him (or her) "I want the problem **FIXED**. What can you do about that?" Don't settle for the pink note/artificial cover up. Call Oakley Chiropractor and get to the source of the problem. You'll be happy you did in the end.

The success of our office and the health of your loved ones greatly depend on your referrals. If there is someone you know that you would like to have invited to our office, please let us know.



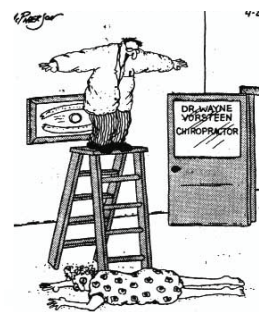
The nervous system controls and coordinates all functions of the body and subluxation interferes with the nerve flow. We expect that you would want everyone in your family checked for this silent killer. We have cost-effective family program for you. We extend an opportunity for you to have your immediate family checked free of cost!

Ask about Group Checks for your school, work, and social groups.



Call for your Sports Physical Appointment Now!
Back to school is approaching fast. Don't wait 'til the last minute!

How long do you need to be adjusted? As long as you want optimal health.



"Now just relax and this won't hurt a bit."